

Keep the Heat

Use these helpful tips to help reduce your energy costs

Keep the Heat Partners

Unemployed Help Centre
6955 Cantelon Drive
Windsor, ON N8T 3J9
(519) 944-4900

Housing Information Services
200-3450 Ypres Avenue
Windsor, ON N8W 5K9
(519) 254-4824

Energy Saving Tips for Everyday Living

1. Use CFL bulbs (compact fluorescent light) in place of regular light bulbs—they use a fraction of the power of regular bulbs
2. Use a programmable thermostat—automate heating and cooling—reduce energy when not home or sleeping
3. Use a “smart” power bar—even when computers, printers and televisions are off— these electronics still use “phantom” power that can amount to 5-15% of all power used. Turn off power bars when these electronics are not being used
4. Replace caulking and weather stripping on doors and windows if there are leaks—these are very inexpensive ways to save energy
5. Use your appliances wisely—don’t overload your fridge—freezers work best when 2/3 full
6. Time-shift laundry to the green zone time—use the charts below to see the best times
Weekends and statutory holidays are always “green” zones—the lowest cost available for energy!

